

Hygienic Hand Disinfection



1) Apply the disinfectant on the dry and bended palm of your hand. Put the palm of the other hand on it and rub them against each other five times.



2) Place your right palm on the back of your left hand and move it in circles five times. Afterwards, place your left palm on the back of your right hand and repeat the movements.



3) Lay one palm on the other and interlace the fingers of both hands. Reopen, entangle and reopen them again (five times).



4) Form a hook grip, ease it and form it again five times.



5) Clasp your right thumb with your left hand and rub in the disinfectant in circles (five times). Afterwards, clasp your left thumb with your right hand and repeat the movements.



6) Move the fingertips of the left hand in circles in the palm of your right hand (five times). Repeat the movements with your right hand.

Hygienic Hand Disinfection According to EN 1500

- Apply a sufficient amount of hand disinfectant into your dry cupped hands.
- Hands have to be kept well moistened during the entire application time, add additional disinfectant if necessary.
- Perform hygienic hand disinfection for at least 30 seconds.
- Do not wear rings or watches; fingernails should be kept short and unpolished.
- Additional cleaning of hands with water and soap only in case any visible dirt remains.